

## ANNEXE VII – NDCC Liste des Figures - Syllabus Latin Americain, Compétitions & Test de Médaille

		CHA CHA		RUMBA		SAMBA		PASO DOBLE	
Beginners Débutants	1	Basic Movements, Closed, Open and in Place.		1	Basic Movements ( Closed, Open, In Place, Alternative )		1	Sur Place	
	2	New York ( Left and Right side )		2	Cucarachas Left Foot and Right Foot		2	Basic Movement	
	3	Spot Turns to Left or Right ( incl. Switch and Underarm Turns )		3	New York to Left and Right side		3	Chassés to Right or Left ( including elevations )	
	4	Shoulder to Shoulder Left side & Right side		4	Spot Turns to Left or Right ( incl. Switch and Underarm Turns )		3	Drag	
	5	Hand to Hand ( Right and Left side position )		5	Shoulder to Shoulder		4	Déplacement ( also Attack )	
Pre-Bronze Pré-Bronze	6	Three Cha Cha Chas- Fwd and Back.		7	Progressive Walks forward or back		5	Promenade Link ( also Promenade Close )	
	7	Side Steps ( to Left and Right )		8	Side Steps ( to Left or Right )		6	Promenade	
	8	There and Back		9	Cuban Rocks		7	Ecart ( Fallaway Whisk )	
	9	Time steps					8	Separation	
Bronze	10	Fan		10	Fan		6	Separation with Lady's Caping Walks	
	11	Alemana		11	Alemana		7	Promenade	
	12	Hockey Stick		12	Hockey Stick		8	Ecart ( Fallaway Whisk )	
	13	Natural Top		13	Natural Top		9	Separation	
	14	Natural Opening Out Movement		14	Opening Out to Right and Left		10	Separation with Lady's Caping Walks	
	15	Closed Hip Twist		15	Natural Opening Out Movement				
Silver Argent	10	Fan ( Development )		10	Fan ( Development )		8	Fallaway Ending to Separation	
	16	Open Hip Twist		17	Open Hip Twist		9	Huit	
	17	Reverse Top		18	Reverse Top		10	Sixteen	
	18	Opening Out from Reverse Top		19	Opening Out from Reverse Top		11	Promenade and Counter Promenade	
	19	Aida		20	Aida		12	Grand Circle	
	20	Spiral Turns ( Spiral, Curl and Rope Spinning )		21	Spiral Turns ( Spiral, Curl and Rope Spinning )		13	Open Telemark	
	21	Cross Basic					14		
	22	Cuban Breaks ( incl. Split Cuban Breaks )					15		
	23	Chase					16		
	Gold Or	11	Alemana R to R Hand hold		7	Progressive walks fwd in Right shadow Position ( kiki walks )		12	La Passe
24		Adv. Hip Twist ( Development )		11	Alemana R to R Hand hold Advanced		17	Banderillas	
25		Hip Twist Spiral		22	Sliding Doors		18	Twist Turn	
26		Turkish Towel		23	Fencing		19	Fallaway Reverse Turn	
27		Sweetheart		24	Three Threes		20	Coup de Pique	
28		Follow My Leader		25	Three Alemanas		21	Left Foot Variation	
29		Foot Changes		26	Hip Twists - Adv. Continuous- Circular		22	Spanish Lines	
							23	Flamenco Taps	
							24		
							25	Syncopated Separation	
<b>Gold Star - Etoile d'Or</b>		<b>Gold Star - Etoile d'Or</b>		<b>Gold Star - Etoile d'Or</b>		<b>Gold Star - Etoile d'Or</b>		<b>Gold Star - Etoile d'Or</b>	
Steps 1 - 29 Figures 1 - 29 See note - Voir note		Steps 1 - 26 Figures 1 - 26 See note - Voir note		Steps 1 - 31 Figures 1 - 31 See note - Voir note		Steps 1 - 31 Figures 1 - 31 See note - Voir note		31- Travelling Spins from CPP with syncopated timing Steps 1 - 31 - Figures 1 - 31 See note - Voir note	
<b>JIVE</b>				<b>General Information</b>				<b>Informations Générales</b>	
Beginners Débutants	1	Basic in Place		Silver Argent	4	Hesitation (1-2 of link)		<b>Gold Star</b> : All above figures in each dance also the figures and amalgamations as written in the book Popular Variations by ISTD. Complete figures must be danced.	<b>Etoile d'Or</b> : Toutes les figures mentionnées dans chaque danse ainsi que les enchaînements tels que décrits dans le livre de Popular Variations de l'ISTD. Les figures complètes doivent être dansées.
	2	Fallaway Rock			15	Reverse Whip			
	3	Fallaway Throwaway			16	Windmill Spanish			
	4	Link (kick ball change all levels)			17	Arms Rolling Off			
	5	Change of Places Right to Left			18	the Arm Simple			
	6	Change of Places Left to Right			19	Spin			
Pre-Bronze Pré-Bronze	7	Change of Hands Behind Back		Gold Or	21	Curly Whip		No restrictions. The use of arms should be rhythmic and suit the figure and the dance	<b>Bras</b>
	8	Hip Bump ( Left Shoulder Shove )			22	Shoulder Spin			
	5	Change of Places Right to Left with Change of Hands			23	Toe Heel Swivels			
	6	Change of Places Left to Right with Change of Hands			24	Chugging			
					25	Chicken Walks			
Bronze	9	American Spin		Gold Star Etoile d' Or		Steps 1 - 27 Figures 1 - 27 See note - Voir note		<b>Please Note:</b> In syllabus competitions IDTA styling or foot positions may be used. Examinations remain as per ISTD  <b>Reference:</b> ISTD Manuals ISTD Popular Variations	<b>S.V.P. Notez:</b> Pour les compétitions, le style et les positions de pieds de l'IDTA peuvent être utilisés. Pour les examens utilisez l'ISTD <b>Références :</b> Manuels ISTD ISTD Popular Variations
	10	Walks							
	11	Stop and Go							
	12	Mooch							
	13	Whip							
14	Whip Throwaway								